



**JUNIOR LEAGUE OF
GREATER ORLANDO**
Women building better communities®

Junior League of Greater Orlando Community Programs

As needs evolve in the community, so do our programs. Our current efforts range from working with single women and mothers with children living in transitional living facilities to mentoring at-risk teen girls. During the 2008-2009 League year, JLGO surveyed its members on what they see as the greatest need in the community and then chose the impact area of Childhood Health, Hunger and Poverty. We have continued with this theme in helping our community.

Community Action Team (CAT)

This group enhances the Junior League of Greater Orlando's visibility, outreach, reputation, and impact in the community through Done-In-A-Day projects. As the project name implies, the Community Action Team provides trained JLGO volunteers to support the short-term, one-day volunteer needs of community-based nonprofit organizations in the Greater Orlando area.

Mentoring Adolescent Girls to Inspire Change (MAGIC)

MAGIC is the only comprehensive prevention/intervention/ education project in the State of Florida specifically serving girls detained in a juvenile detention center. MAGIC facilitators and League volunteers work directly with teen girls, ranging in age from 12-18, who are held in juvenile detention center and awaiting sentencing or admission into a treatment program. The Junior League of Greater Orlando provides a team of 10-20+ dedicated volunteers every other week for two hours. During this time they visit with the girls, conduct programs or activities on life enriching topics, and most importantly listen to them in a non-judgmental manner. The MAGIC program is conducted in partnership with the Orange Regional Juvenile Detention Center and Florida Department of Juvenile Justice who employ qualified, professional staff experienced in working with girls and their unique gender-specific issues.

Kids In The Kitchen (KITK)

League members are continuing their commitment to bettering the lives of Central Florida's children by participating in the Junior League's Kids in the Kitchen initiative. JLGO members work with children in the community, as well as with children who are part of our community programs, to battle the growing problems of childhood obesity and poor nutrition in America. League members work to educate the public about good nutrition and healthy habits by providing cooking classes, nutrition information, and recipes for healthy eating to both parents and children. Learn more at <http://kidsinthekitchen.ajli.org>.

Healthy, Informed, Playful Kids (HIP Kids)

HIP Kids is the Junior League of Orlando's newest community project aimed at reducing childhood hunger and increasing children's health through feeding, education, and parental involvement. League members are providing food to our "HIP Kids" in several ways. First, each child at Rock Lake Community Center receives a piece of fresh fruit daily as an after school snack. Additionally, each family at Rock Lake receives a monthly Pantry Plus box.



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This box contains over 20 pounds of family meal staples, including peanut butter, jelly, pasta, sauces, canned vegetables, canned fruits, granola bars, vegetable soup, rice, tuna, and many other items. Thirdly, we provide hot meals to our HIP Kids ten times a year – oftentimes in conjunction when our committee comes to Rock Lake to provide health education to the children. Lastly, we provide hot meals to our HIP Kids and their families four times a year when we come to Rock Lake for family dinner nights.